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Sacramento Yoga Center Teacher Info

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Name: _____ Day job: _____

Status (SYC use only): contact interview audition

Phone: _____ Email: _____

Neighborhood in which you live: Curtis Park Oak Park Hollywood Park Land Park
 Midtown, East Sac Tahoe Park Rancho Cordova other _____

Day/times available AND not available:

Yoga styles:

Years teaching/practicing?

Certification and trainings: (reverse chron)

Teachers that have influenced you?

Other studios worked or working?

Describe your ideal yoga class, e.g., # students, temperature, tempo, focus (humor, compassion, healing...).

Why do you teach yoga? What do you like about teaching yoga? (very brief)

What makes you a great yoga teacher? (very brief)

What do you want to say to prospective students in 10 words or less:

About yourself: (optional)